

ARTIST BIO:

KRISTEN RAMSEY

Kristin Ramsey is a creative arts therapist working at a military treatment facility. She works with pediatric oncology patients to help them process the wide range of emotions related to everything from cancer treatment to learning to live in a new city. She has been a registered art therapist since 2015. Prior to working with military children, Kristin worked as an art therapist at MedStar Georgetown University Hospital and Children's National Health System. She also brought



yoga therapy to the patients at Children's National. She is a Clinical Team Member on the Board of Directors for Playing to Live!, an international arts therapy organization. She has participated in multiple research studies around art therapy, including using yoga to reduce fatigue, and using mindfulness to reduce stress in adolescents with type 1 diabetes.

Kristin has a M.A. in Art Therapy from George Washington University as well as a B.S. in Architecture from Pennsylvania State University. She has trained at multiple trauma and yoga therapy programs around the country as well as presented her research and work at multiple American Art Therapy Association conferences and three Expressive Therapies Summits. She is a member of the American Art Therapy Association, the National Eating Disorder Association, and the International Yoga Therapy Association.

More information about Kristen: <http://www.tracyskids.org/about-us/kristin-ramsey-bio/>